

September 2023

Help keep your child well this winter – make sure they have their flu vaccine.

The immunisation team will visit School on14.12.23..... to offer children a [nasal spray flu vaccine](#).

The NHS recommends that your child has a flu vaccination every year.

Please follow the link below to complete the consent form by....12pm 13.12.23.....

<https://forms.office.com/e/vZMsu9Rp0x>

Dear parent or guardian,

It's very important to protect your child from flu to make sure they stay as healthy as possible, as both COVID-19 and flu are likely to circulate this winter. The best flu vaccine for most children is a nasal spray. This is the vaccine that will be given on the day.

We have included flu vaccination information and a consent form with this letter. To help make sure the vaccine is suitable for your child, and they don't miss out, please take time to read the information and then **complete online before the planned vaccination date.**

If you want more information about flu vaccination for children, please contact the immunisation team, or visit phw.nhs.wales/flu vaccine or click on the PDF attachments.

Please keep this letter, as it contains the date of the vaccination session and contact details.

Yours faithfully

Immunisation Team

After you have returned the consent form, please contact the immunisation team on 03000 858599 before the vaccination session if:

- **there are any changes to your child's health, or**
- **their asthma medication is increased, or**
- **they are prescribed oral steroids, or**
- **they become wheezy.**

Note: There are a very small number of children who should not have the nasal flu vaccine. Please see the information sheet for more detail, or look at phw.nhs.wales/flu vaccine